

## THINK TWICE BEFORE YOU EAT MEAT

*"The most upright butcher is a partner of Amalek."*

*(Kiddushin 82a)*

## WHO CAN CONTRADICT THE WORDS OF THE PELE YOETZ?

*It is extremely difficult to find meat from an animal that is kosher according to all views. I, therefore, derive much pleasure from the pious that are careful not to eat bovine meat. (Pele Yoetz, taref).*

## IF YOU ONLY EAT POULTRY YOU AVOID MANY PITFALLS

**Whoever wishes to avoid all risks, should be smart to eat only fowl (poultry) and not bovine meats - because the pitfalls are all too common and numerous with them. [And for eating the forbidden fat of bovine meat we become liable to the punishment of karet and this punishment does not apply to the consumption of poultry] (Shulchan Hatahor, Rabbi Aaron Roth o.b.m. (author of Shomer Emunim, Tohoras Hakodesh, etc)**