

## THINK TWICE BEFORE YOU EAT MEAT

*"The most upright butcher is a partner of Amalek."*

*(Kiddushin 82a)*

## WHO WILL NOT TREMBLE WHEN HE READS THE ZOHAR HA KADDOSH

Come and see: Everyone who eats of those forbidden foods, cleaves to the forces of evil and thereby contaminates himself and his soul, resulting, an unclean spirit to rest upon him, displaying, thereby he has no part in the Most High G-d ... and if he departs from this world in that condition, all those that adhere to the forces of uncleanness cling to him, contaminate, and judge him as a person who despised his Master, despised in this world and despised in the World to Come ... Woe is to them! Woe is to their souls for they will not cling to the bundle of eternal life, for they have become contaminated ... All of a person's toil is for his mouth. All judgment, all one suffers and all vengeance wrought upon him, is all on account of his mouth, because he did not watch it and thereby, contaminated himself. (Shemini 41b)

## WHO CAN CONTRADICT THE WORDS OF THE PELE YOETZ?

*It is extremely difficult to find meat from an animal that is kosher according to all views. I, therefore, derive much pleasure from the pious that are careful not to eat bovine meat. (Pele Yoetz, taref).*