

**TZNIUS HAS BEEN THE HALLMARK
AND PRIDE OF JEWISH WOMEN
THROUGHOUT THE AGES....**

Our local Rabbonim have given us some clear guidelines with regards to Tznius. (Please note that everything enumerated below is considered Halocho and no Chumros are mentioned)

- Tops, eg blouses, T-shirts etc, should be loose fitting and not accentuate the shape of the body.
- Dresses and skirts which are tight fitting around the waist, tend to accentuate the shape of the body and should therefore be avoided.
- The top part of any skirt that one wears should not be tight fitting around the hips. Some women therefore buy their skirts one size larger than the wearer, in order to conceal the shape of the hips. Below the hips the skirt should gradually become wider until the knee area, so that the shape of the legs is concealed in all circumstances i.e. walking, climbing stairs, bending over, etc.
- A tight fitting and/or straight skirt, does not give any leeway for unrestricted movement, making it virtually impossible for the wearer to keep her legs covered in all positions. Therefore one should add pleats to such a skirt, so that it gradually widens, adding a substantial amount to the circumference of the hemline. This will enable the wearer to sit down/get up, get in/out of a car or onto a bus, without uncovering any part of the leg.

Rabbi J. Z. Dunner

Rabbi C. Wosner

Rabbi E. Schlesinger

Rabbi Z. Feldman

Rabbi A. Schechter

Rabbi Y. Babad

Rabbi B. Blum